



OASIS is please to invite you to attend our 9th Annual North Florida WomanREACH gathering that will take place September 17—20, 2024 at the Laguna Beach Christian Retreat. Take a moment to read about this unique opportunity and make plans to attend.

Suggested Registration Donation \$20/per person

Transportation is not provided

Our Mission

The mission of North Florida WomanREACH is to build heart-centered connections and community among women in North Florida. REACH is an acronym for Rural Education in Action for Community Health.

Core Values

- * We are open, respectful and honoring in a safe environment
- * We model stewardship and mentorship
- * We promote health, responsibility and ownership within our community
- * We believe in sexuality as a healthy expression of intimacy
- * We support deeper connections among women, unaltered by drugs and alcohol
- * We are inter-generational and cross-cultural
- * We support integrating healthy transformations in ourselves and our community

“Heart-Centered”

The term “heart-centered” refers to a presence of mind that allows each of us to honor our feelings and the feelings of others. Such emotional authenticity creates a safe, nurturing environment where women can share their truths. Within this space, each woman can speak openly and honestly, be heard without judgment and enjoy the support of her community. Within this space, each woman has the power to offer and receive unconditional love, wisdom, acceptance, compassion and healing.

The heart-circle has roots in many cultures. It offers a sacred space where women can speak from the heart rather than the intellect. After an opening ceremony, which is used to help focus the group’s intention, a talisman is passed around. The person holding the talisman may speak, sit silently or pass it on in a clockwise rotation. While holding the talisman, the speaker is witnessed by a community of listeners. There are no responses, interruptions or side conversations. The heart circle is a place of emotional authenticity, non-judgmental listening, respect and compassion.

“Building Community”

The excitement that North Florida WomanREACH is hoping to bring to North Florida, is an open environment that women can exchange life experience's as well as learning from other women within their community. Many women have an underlying desire to connect deeper, long-lasting friendships with other women, but there may be barriers that interfere with this. These barriers may include: unresolved issues resulting from mistreatment and abuse by previous friends, family members, sex partners and the community-at-large or the isolating and damaging effects of alcohol and other drugs, often as a form of self-medication and/or a reflection of community norms. Awkwardness may also be a barrier due to lack of experience, low self-esteem and poor body image. Many of these barriers may result in doubting that such connections are possible.

North Florida WomanREACH offers women a support network that has not been available previously and will help them build a community where none existed. WomanREACH embraces the notion that a community building project can encourage deeper, longer-lasting relationships among rural women, ensuing health benefits, with a combination of strategies, including: immersing women in an environment where relationships are modeled and expected; by providing a supportive environment for women to reveal their difficulties and successes with emotional, spiritual, physical and addictive issues; connecting women with support, treatment and care resources as needed; and supporting women in their recovery and journey toward wellness. It is these principles that will guide North Florida WomanREACH’s planning, decision making and growth in the years to come.

2024 North Florida WomanREACH

Code of Conduct

Please return this with your application.

Our Mission

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Please read the following and initial next to each item in agreement to the code of conduct. Initials for each must be completed before application will be processed.

____1. We often receive more applications than we can accommodate. If you are granted a spot at WomanREACH you are expected to attend all workshops. Not doing so limits what you will gain from this experience.

____2. WomanREACH is drug and alcohol free. Use of any drugs or alcohol will result in having to leave the gathering and will bar you from attending future gatherings.

____3. Rooms are not reserved. Roommates can be requested and can be written in the application. Both roommates must be consenting to the roommate request and applicants must match accordingly. Any roommate issues or concerns that arise are to be brought to the attention of the conference staff and **NOT** the hotel staff.

____4. Smoking in rooms, unwanted sexual advances, or any disruptive behavior or offensive conduct directed at either fellow gathering attendees, gathering staff or volunteers, hotel guests or staff will result in expulsion from the gathering.

____5. You will be responsible for any damage done to hotel property or equipment.

IF YOU ARE FOUND TO HAVE ENGAGED IN SUCH BEHAVIOR, YOU WILL NOT BE CONSIDERED FOR FUTURE GATHERINGS

____6. If I can not attend WomanREACH, I will notify OASIS as soon as possible.

____7. If OASIS deems it necessary to call medical or police assistance, any costs involved will be the responsibility of the parties involved and not OASIS.

____8. As part of this gathering everyone is expected to “pitch in” and assist with room upkeep and cleaning of your room before leaving.

____9. No visitors will be permitted at any time.



North Florida WomanREACH

September 17-20, 2024

Laguna Beach Christian Retreat

20016 Front Beach Road

Panama City Beach, Florida

Check-in 3pm Tuesday & Check-out 9am Friday

Suggested Registration Donation \$20/per person

Transportation is not included

APPLICATION

NAME: _____

ADDRESS: _____

street/apt.

city

state

zip

EMAIL ADDRESS: _____

CELL () _____ - _____

HOME () _____ - _____

ALL GUESTS WILL SHARE A ROOM. IF YOU HAVE A ROOM MATE REQUEST, PLEASE FILL IN NAME/PHONE # BELOW.

(Both roommates must be in agreement with roommate request and information must match on separate applications prior to information being submitted)

Roommate Name: _____ Phone Number: _____



PLEASE BRING: QUEEN SHEETS, BLANKETS, TOWELS, PERSONAL ITEMS, MEDICATIONS, SNACKS, CLOTHING APPROPRIATE FOR WEATHER AND ANY ITEMS YOU WOULD LIKE TO ENJOY DURING FREE TIME (SWIMSUIT, GAMES, ETC).

Special Needs: [] Handicap Room [] Limited Mobility [] Visually Impaired [] Dietary Needs/Allergy [] Other _____

Emergency Contact: _____ Phone Number: _____

APPLICATION WILL NOT BE PROCESSED WITHOUT EMERGENCY CONTACT (MUST BE AVAILABLE FOR CONTACT DURING RETREAT)

PLEASE SIGN BELOW TO VERIFY THAT YOU HAVE READ AND UNDERSTAND THE CODE OF CONDUCT FOR WOMANREACH 2024

SIGNATURE: _____ DATE: _____

RETURN COMPLETED APPLICATION & CODE OF CONDUCT TO:

OASIS

P.O. BOX 35, FORT WALTON BEACH FL 32549

OR FAX :(850) 314-0952

IF YOU HAVE QUESTIONS PLEASE CONTACT Miranda (850) 252-9596

OFFICIAL USE ONLY

RECEIVED BY:

DATE:
